

ATTIRE

- Dance and gymnastic leotards work best; however, if your child does not own a leotard, elastic shorts (soccer type shorts) and t-shirts work great. Please do not allow your child to wear oversize t-shirts or loose-fitting tops; this includes dresses. Two-piece leotards are prohibited. Please do not allow your child to wear clothing with zippers or buttons.
- No jewelry please. This includes piercings of any kind!
- All students must wear their hair securely back. Hair must be kept out of student's eyes (and mouth) at all times, (butterfly clips and beaded hair or beaded hair bands can injure your child's scalp). No bobby pins or sharp hair objects, they puncture holes in our equipment. Snap clips work great.
- Short hair must be kept up securely to avoid from hanging loosely in the front or back.
- No shoes, unless approved through the office. No-slip socks can be worn on most of the equipment but must be removed occasionally.
- **Personal Hygiene is required. NO PERFUMES!** Strongly scented lotions or synthetic perfumed sprays are not allowed. Students and staff in the gym may have allergic reactions to strong scents. **Please, no hair or body oil or body glitter.**
- **NO DIRTY FEET!** It is also important to keep your child's **toenails trimmed** for safety reasons. **Please make sure that all abrasions are covered.**

Parent _____ Date _____

Signature

(Must be legally responsible for child/legal guardian)

Parent printed name

Student printed name